

3.03.3.3. He described “stupid thinking patterns”, where he thought he was not human, that he had become different in some way. He believed that he had special knowledge that he was keen to investigate, he could psychically feed off others and that these experiences, although “good in one way”, were “scary”; he “knew stuff” that he needed to manage by good self-control.

3.03.3.4. He has not had these experiences for well over 12 months. He did not relish talking about these experiences.

3.03.3.5. He ascribes his improvement to “a period of normality” in Rawnsley House. He was given medication (**olanzapine**, an oral **antipsychotic** with **anti-manic** effects) initially, but thinks that the only effect this had was to make him drowsy and fat.

3.03.4. **Current unusual experiences**

3.03.4.3. Tommy Atkins continues to experience “*déjà-vu*”, where he describes an intense feeling that he has been in this precise situation before. This occurs randomly, several times a day, but at “key points” in the day. It lasts for 2 to 3 seconds. Tommy does not think this is a psychic or special phenomenon, but he does not like the experience and wishes that it would stop.

3.03.4.4. He also described being unable to return to Knype as he “knew too many people” there. He has been detained for so long that these people think he is “a grass”, and he has received threatening telephone calls from them whilst in Rawnsley House. He has not told any staff member about these calls.

3.03.4.5. He believes that he is immune to diseases. He had used drugs intravenously without experiencing harm, and in a phase of “Devil worship” when he was younger, he had drunk blood, which had done him no harm.

3.03.4.6. He has an internal feeling of being wound up, which he describes by putting a clenched fist into his upper abdomen. He feels driven at times by this tension, and would like that to go away.

3.03.5. **Progress since admission**

3.03.5.3. Tommy Atkins did not feel that he had made any progress over the last 12 months.

3.03.5.4. He told me that he was “demotivated” by the rules that he had to live by in Rawnsley House. He acknowledged that he rebelled against the rules frequently, but was adamant that he would not have any difficulties if he was living independently, as he would not come into conflict with anyone.

3.03.5.5. He told me that he had enjoyed contact with the Wildlife Trust. This is a voluntary organisation that maintains areas of natural beauty or scientific interest around the Bursley area. Tommy had helped to dig, build and repair areas around Doxey Marsh on many occasions.

3.03.5.6. Tommy was upset that his contact with the Wildlife Trust had been withdrawn, following a urine test that had been positive for cannabis. He told me that it was not fair that another patient had alerted the staff to drug use on the unit, initiating a mass drug screen.

3.03.5.7. Tommy told me that he had been using cannabis regularly on the unit, that it had helped him calm down and interact well, and that none of the